

Comprehensive School Health Education Standards

By grade 12

- H.1.1. Analyze how behaviors can affect health maintenance and disease prevention
- H.1.3. Evaluate the impact of personal health behaviors on the functioning of body systems
- H.1.4. Evaluate how families, peers and community members can influence the health of individuals
- H.1.6. Use and evaluate appropriate strategies to promote well-being, delay onset and reduce risks of potential health problems during adulthood
- H.1.7. Assess how public health policies and government regulations can influence health promotion and disease prevention
- H.3.1. Assess the importance of assuming responsibility for personal health behaviors
- H.3.2. Analyze personal health status to determine needs
- H.3.3. Distinguish between safe, risky or harmful behaviors affecting themselves and others in the community
- H.3.4. Apply and assess strategies to improve or maintain personal, family and community health by examining influences, rules and legal responsibilities that affect decisions
- H.4.3. Evaluate how information from family, school, peers and the community influences personal health
- H.5.2. Apply and evaluate characteristics needed to be a responsible individual within their peer group, school, family, and community
- H.6.1. Demonstrate various strategies when making decisions to enhance health
- H.6.2. Demonstrate the ability to make health-enhancing decisions using the collaborative decision-making process
- H.6.3. Predict the immediate and long-term impact of health decisions on the individual, family and community