

NAME:

DATE:

# Real-World Applications Project Worksheet

**Directions:** You are the Director of Public Health for your city/town. Two years ago, your state legalized recreational marijuana for individuals 21 years of age or older. After reviewing the available statewide vehicle crash data, you realize that the amount of fatal car crashes that involved the driver recently using marijuana have doubled. You are tasked with creating a community-based plan of action to help prevent marijuana-impaired crashes.

- Please complete **one** activity from **each** of the following sections.

## Health Promotion Strategies:

Create 10 different social media posts about the dangers of marijuana-impaired driving from the perspective of the Department of Public Health.

Compile 3 PSAs (Public Service Announcements) about the dangers of marijuana and driving that you think could be shared with your citizens. Create an email to the mayor including the links of the PSAs you selected, and then describe why you think they should be used to influence your citizens and what elements of each PSA are persuasive.

## Health Policy Recommendations:

Look up your own state's impaired driving laws, then create an informational document that consolidates the impaired driving laws and describes why they are important for citizens know. Evaluate what may be missing from the state's laws that could improve safety and reduce impaired driving.

Look up your own state's impaired driving laws, then write an advocacy letter to one of your state's senators or representatives stressing why they should change or enforce the current impaired driving laws. Describe what specific elements are important to enforce, and what elements could be strengthened to assist in better enforcement.

## Best Practices:

Create a document that describe at least 3 alternatives to driving impaired (i.e. designated driver). Describe why each option is a good alternative with at least 3 bullet points per option.

Create a list of 10 strategies for teens to help them confront substance abuse-related peer pressure. Describe each strategy, so it could be presented easily and thoroughly to high school students.

*Upon completion, please send one document with each typed activity to your instructor. Make sure to have a correct heading and proofread the typed activities carefully for spelling and grammar errors.*